

Student Goal Setting

Step 1: Brainstorm an idea for a goal

Step 2: What would you need to reach this goal?

Step 3:
What help will you need?

Step 4:
How long do you think it will take?

Step 5:
Why do you want to do this?



Student Goal Setting



Specific



Measurable



Attainable



Relevant



Time based

S

My **specific** goal _____

M

How will I **measure** my progress? _____

A

This is an **attainable** goal. Why? _____

R

This is a **relevant** goal because _____

T

I will achieve this goal in a **timely** manner. I will achieve this goal by

Student Goal Setting



Self-checking my progress

How much effort did I make this week towards my goal?



Do I believe I can still achieve my goal?



What do I need to do next week to work towards my goal?

What help do I need to work towards my goal?
